

These regulations come into play from March 29th and until further protocols are issued by the LTA and as restrictions are eased.

They have been formulated from the LTA RoadMap (March 18th 2021) and the relevant sections of the LTA guidance to players (January 2021) which are still to be confirmed by the LTA.

BEFORE LEAVING HOME & AFTER YOU RETURN

- Wash your hands with soap and water for at least 20 seconds before leaving home to go to the court (use an alcohol gel if washing hands is not possible)
- Arrive at the club changed and ready to play – the clubhouse will only be open for toilet access.

BOOKING

- **Please note that to support NHS Test and Trace booking should be done through ClubSpark and the person booking should keep a record of all players on court.**
- **Please note the rule of 6 applies in booking and play**

EQUIPMENT

- Take hand sanitizer with you
- Use your own equipment where possible. Players should not share items such as towels.
- Only take the minimum amount of equipment with you that you need to play
- Clean and wipe down your equipment, including racquets and water bottles before and after use
- Bring your own, full water bottle, and do not share food or drink with others
- Ensure you take all your belongings with you at the end of the session and do not leave anything on court
- If players wish to, they can choose to use their own marked tennis balls
- If you choose to use shared balls then extra care must be taken to ensure you do not touch your face during play, and you should clean your hands before play and immediately after finishing
- Players should still avoid using their hands to pick up tennis balls from other courts where possible - use your racquet/foot to return them as those players may have decided to use their own marked tennis balls
- Avoid using other equipment such as courtside benches, net handles or court sweepers where possible

TRAVELLING TO AND FROM THE COURT

- You can help control COVID-19 and travel safely by walking or cycling to the club
- Avoid travelling with someone from outside your household or support bubble unless you can practise social distancing
- Allow others to leave before you enter the court - if you need to wait then do so away from the courts and clear of the gates
- Ensure you leave the court before the end of your allotted time so that it is empty for the next players

- Avoid congregating on or around the court after playing to allow access for others

USING VENUE FACILITIES

The Clubhouse will be open each day until around 20.00 for access to toilet facilities. Please use the upstairs toilets as the changing rooms are not to be used for the time being in line with Government guidelines. You must wear a mask when entering the clubhouse and observe the protocols for hand washing and sanitising.

DURING PLAY MAINTAIN SOCIAL DISTANCING

Other than where players are from the same household or part of a support bubble, you should:

- Stay at least two metres away from others you do not live with or are in a support bubble with (including during play as far as possible, when taking breaks and before and after play)
- Do not make physical contact with other players (such as shaking hands or high five)
- Avoid chasing the ball down to another court if other players are using it
- For doubles, consider agreeing in advance which player will take the shot if a ball travels to the centre of the court
- Limit your interactions with anyone outside of the group you are attending the venue with (e.g. players on another court or in a different coaching group)
- For coached sessions, pay careful attention to the instructions of the coach
- Where you cannot maintain a two-metre distance then further precautions should be put in place as part of 'one metre plus mitigations' guidance
- Hand hygiene is imperative - hand sanitise at intervals if you have to touch communal surfaces
- If you need to sneeze or cough, do so into a tissue or upper sleeve
- Avoid touching your face

SUPERVISION & SPECTATING

- Where attendance of a parent/guardian (non-participant) is required for a junior being coached or a carer for a disabled player, it is permitted but should be off court and be limited to one per player
- No spectating is permitted apart from supervision as outlined above

SOCIALISING BEFORE AND AFTER PLAY

- There should be no socialising and members are asked to arrive punctually for play and to disperse promptly afterwards

Sue Walmsley

Secretary

26.03.2021